

Corvias™ Community News

SEPTEMBER 2013

FORT POLK

polk.corviasmilitaryliving.com

COMMUNITY OFFICES

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Palmetto Terrace
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POOLS TO CLOSE SEPT. 2

Come enjoy the pool for the last few days this summer! Labor Day will be the end of pool season for all Corvias neighborhood pools. The pools will be open from 10 a.m. to 6 p.m. on Labor Day, September 2 – weather permitting.



YOU DON'T WANT TO MISS MOVIE NIGHT!

Corvias Military Living would like to invite all residents to attend Movie Night on Friday, September 27 at the open field off of Bellrichard, between Evans Street and Harrell Street entrances! The evening will kick off with cartoons at 7 p.m. followed by Disney's "Tarzan" beginning at 8:00 p.m.

Please bring your families, food and a blanket. Corvias will provide popcorn, soft drinks and other beverages. No coolers, alcoholic beverages or grills, please. Seating for the event will be first come, first served. Due to limited parking, beginning at 6 p.m., shuttles will be provided from the Education Center to the field. No pets or coolers will be allowed.

We Have a Winner!

Congratulations to the Mulvey Family, our winners of the \$100 Visa gift card! All residents who updated their contact information from May - August were entered into a drawing for a chance to win the gift card.

Thank you to everyone who participated. Your personal email address helps to ensure you are receiving

important neighborhood notifications and announcements. By keeping your contact information up-to-date, you enable us to communicate more effectively with you.

Please contact your community office change your information.



Service Schedules

Corvias offers a variety of services to make your life easier including trash, recycling and lawn care. Please visit the calendar on our website for your service dates:
polk.corviasmilitaryliving.com/residents/calendar



SUICIDE PREVENTION

A sense of community is one of the most important factors in building ready and resilient service members and families. In the military community, support from others is the best resource in helping to face daily stressors, including feelings of isolation caused by being away from friends and family, long duty hours, financial stress and other challenges.

It is important for the military community to recognize when someone they care for is distancing themselves from their loved ones, their unit, or when their behavior is a source of concern. Some additional signs of someone contemplating suicide can

include giving away personal belongings or other actions as obvious as saying final goodbyes.

If someone is in need of help, there are several resources to assist. The Military Crisis Line, 800-273-8255, also called the Veteran's Crisis Line, is a joint Department of Defense and Department of Veterans' Affairs initiative. The MCL is staffed with caring, qualified VA responders who understand the challenges of military life. The MCL is a free, confidential service available 24/7 to all active-duty, National Guard and reserve service members, their families and their friends.

Those in crisis can also send a text to 838255 or chat online at www.veteranscrisisline.net with a crisis responder. Those in need of assistance can also reach out to their local chaplain or Social Work Services through the installation's medical facility.

Ways to Eliminate Mosquitoes



Mosquitoes can make life miserable. Many recreational and work activities have been ruined by the constant annoyance and irritation caused by their bites. Also, some species can transmit serious diseases. One of the best ways to eliminate mosquitoes from your home is to eliminate their preferred breeding grounds - standing, stagnant water.

This means keeping the gutters free of debris so water cannot collect. Children's swimming or wading pools should be emptied and cleaned daily. Birdbaths should be scrubbed out often, and the water should be pumped out. Other areas that may collect standing water include:

- Toys
- Flower pots and garden equipment
- Leaky faucets
- Pet bowls
- Tree stumps

GREEN CORNER

If you lower the thermostat by one degree, you will have enough energy to watch 646 DVDs.



FOUNDATION PROVIDES GRANTS TO SPOUSES



Since 2006, John Picerne's foundation has awarded over \$4.5 million in scholarships and educational grants to children and spouses of active-duty service members, including 162 educational grants to spouses at a total of \$810,000. This year, the Foundation awarded \$100,000 in grants to spouses of active-duty service members to support their educational goals, including these Fort Polk spouses:

India Cannon is pursuing a Bachelor's degree in Psychology from Upper Iowa University and Central Texas College. Upon completion, she plans to pursue a Master's in Psychology or Nutrition Dietetics. Her husband is Sgt. Corneilous Cannon, U.S. Army.

Elicia Daugherty is pursuing an Associate's degree in Nursing at Northwestern State University of Louisiana to become a Nurse Practitioner. Her husband is Spc. Robert A. Daugherty, U.S. Army.

Lakeisha Falls is pursuing an Associate's degree in Nursing from the University of Arkansas at Little Rock. She loves nursing and wants to eventually earn a PhD in Maternity Nursing with an emphasis in teaching. Her husband is Spc. Quintin Eugene Falls, U.S. Army.

Upcoming Events



August 31
Tail-Gate Saturday, 11 a.m.
Mulligans

September 2
Holiday Office Hours
Neighborhood offices open 9 am-1 pm

September 8, 1-8 p.m.
9-11 Memorial Service
Walgreens Parking Lot, Leesville

September 27, 7 p.m.
Movie Night
Field off of Bellrichard

Stay up-to-date with Fort Polk's event calendar! Go to:
polk.corviasmilitaryliving.com/residents/calendar